

entangled encounters

ecosomatics, movement and writing

research labs

MOVING WITH MEADOWS

16.06.2024, 14:00-17:00

MOVING WITH TREES

11.08.2024, 14:00-17:00

MOVING WITH MUSHROOMS

29.09.2024, 14:00-17:00

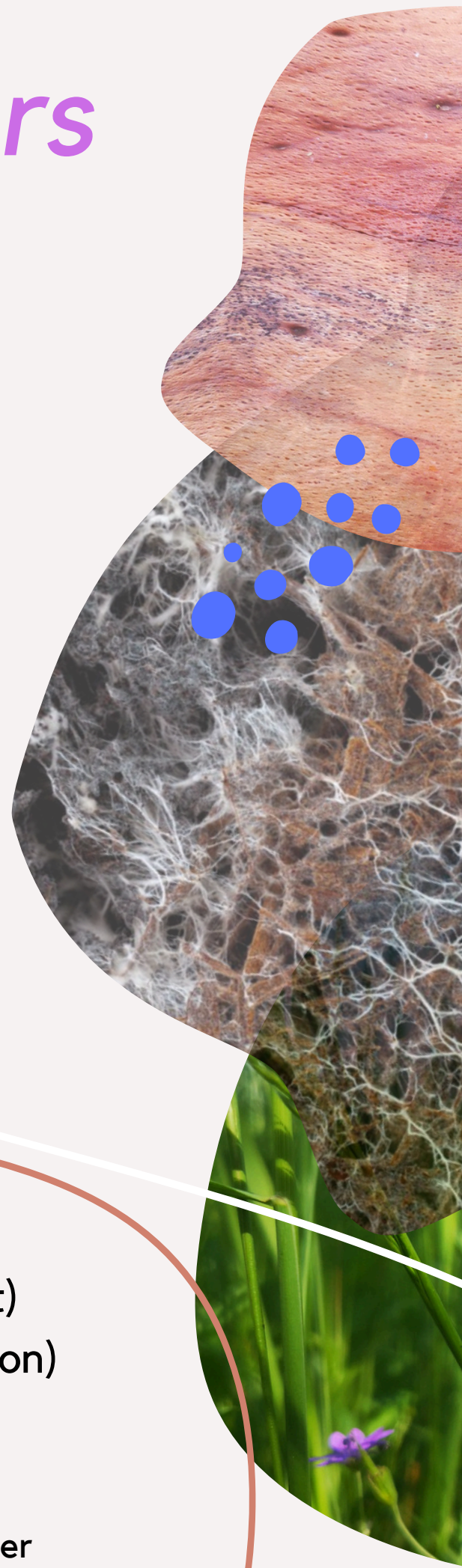
Open-level: no prior experience required

Location: surroundings of Vienna (public transport)

Freely chosen price (recommended 20-60€ / session)

Registration: movingpoetries.com

Hosted by Levi Mühlbacher & Clémentine Antier



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buzzing meadows - tickling gras - leafy lightplay -
soft moss - juicy green - rough bark -
entangled encounters to sense, move and learn-with

In this series of outdoor labs, we meet and are moved by other forms of life such as plants, wild animals, fungi. Guided by ecosomatic practices, we develop observation and witnessing skills - a deep-time, present being-with. These encounters inform both our movement and writing practices, leading us into a web of creative interconnectedness. From our experiences we gather emergent knowledge and ferment principles for relating with the more-than-human world through collective composition and exchange. A holistic research that encompasses self-discovery, exploration of perspectives and words, collective intelligence and regeneration, as well as cultural transformation by experiencing entanglement.

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moving with meadows

16.06.2024

14:00-17:00

Open-level (no prior experience required)

Location: Steinhof, 1160 Wien

Freely chosen price (recommended 20-60€)

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moving with meadows

About this session

Grass, flowers, weeds, insects, rich soil - a host of diversity, chaordic structures - and where may be our position(ality) in all of this? Let's buzz on a somatic and botanical adventure into the **meadows**. As we practice our attentional skills, we learn to observe and see through different layers of the ecosystem, getting inspired by the functions, dynamics, and opportunities offered by its diversity.

We invite the experienced elements of the meadow to fertilize our own expression, letting a collective (movement and word) composition emerge.

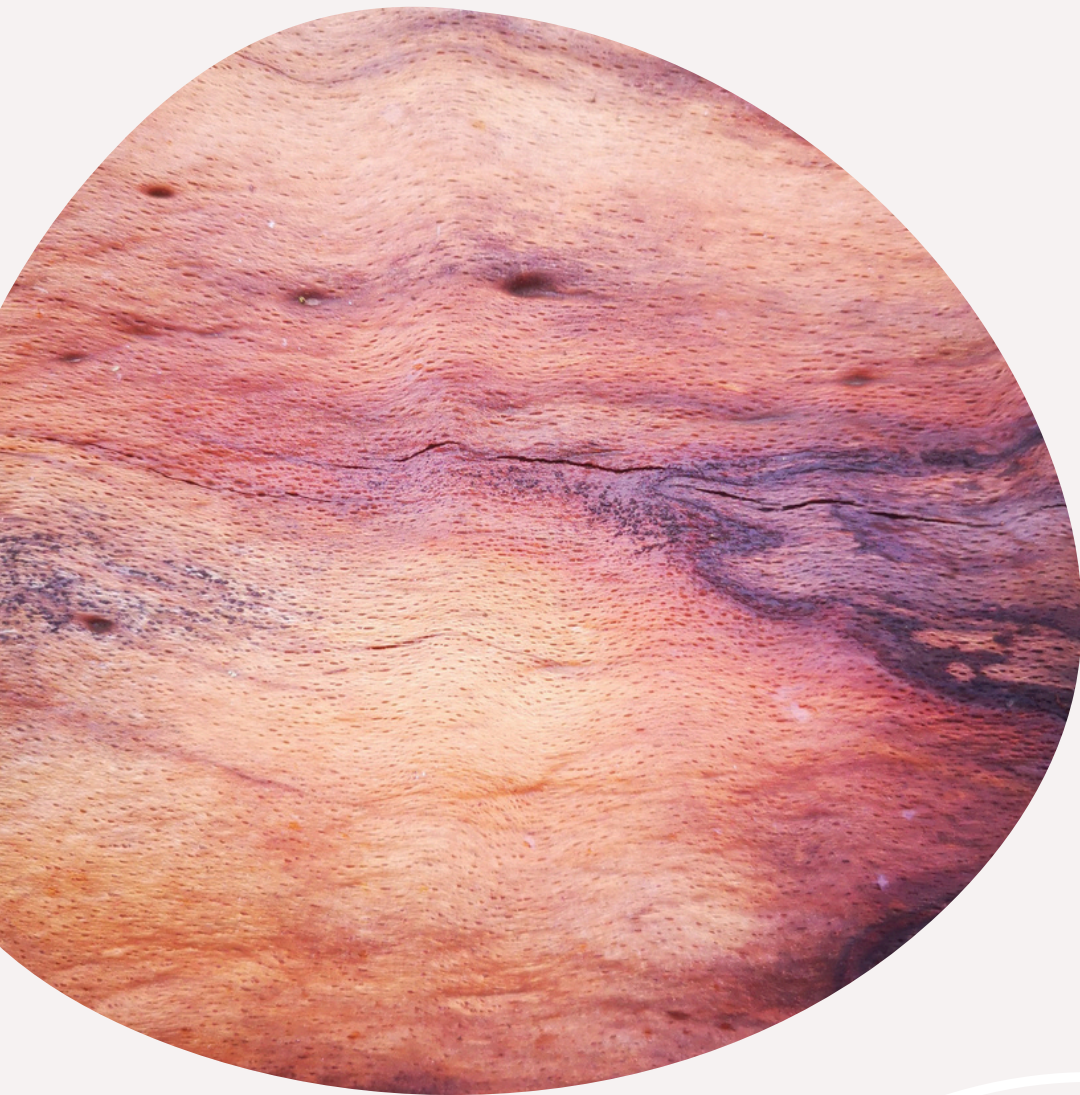
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moving with trees

11.08.2024

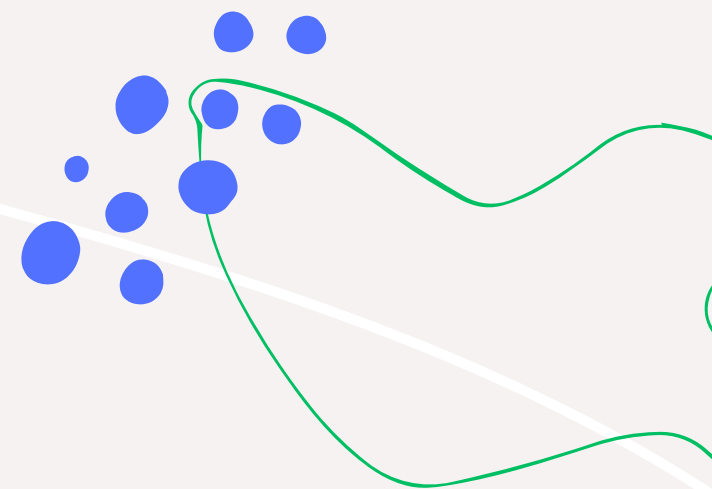
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moving with trees

About this session

Shapes, textures, colors, rootedness, outreach as maps of stories - individual and collective: We acknowledge trees' existence within their own species dynamics and ecosystems characteristics, and observe how a shared learning process emerges. While we might experience a sense of interconnection, we also develop skills to recognize alterity and distinguish between oneself and other human/non-human beings - a care-full being in contact in difference. Through ecosomatic writing, we can express the entanglement of our own experience with other forms of life.

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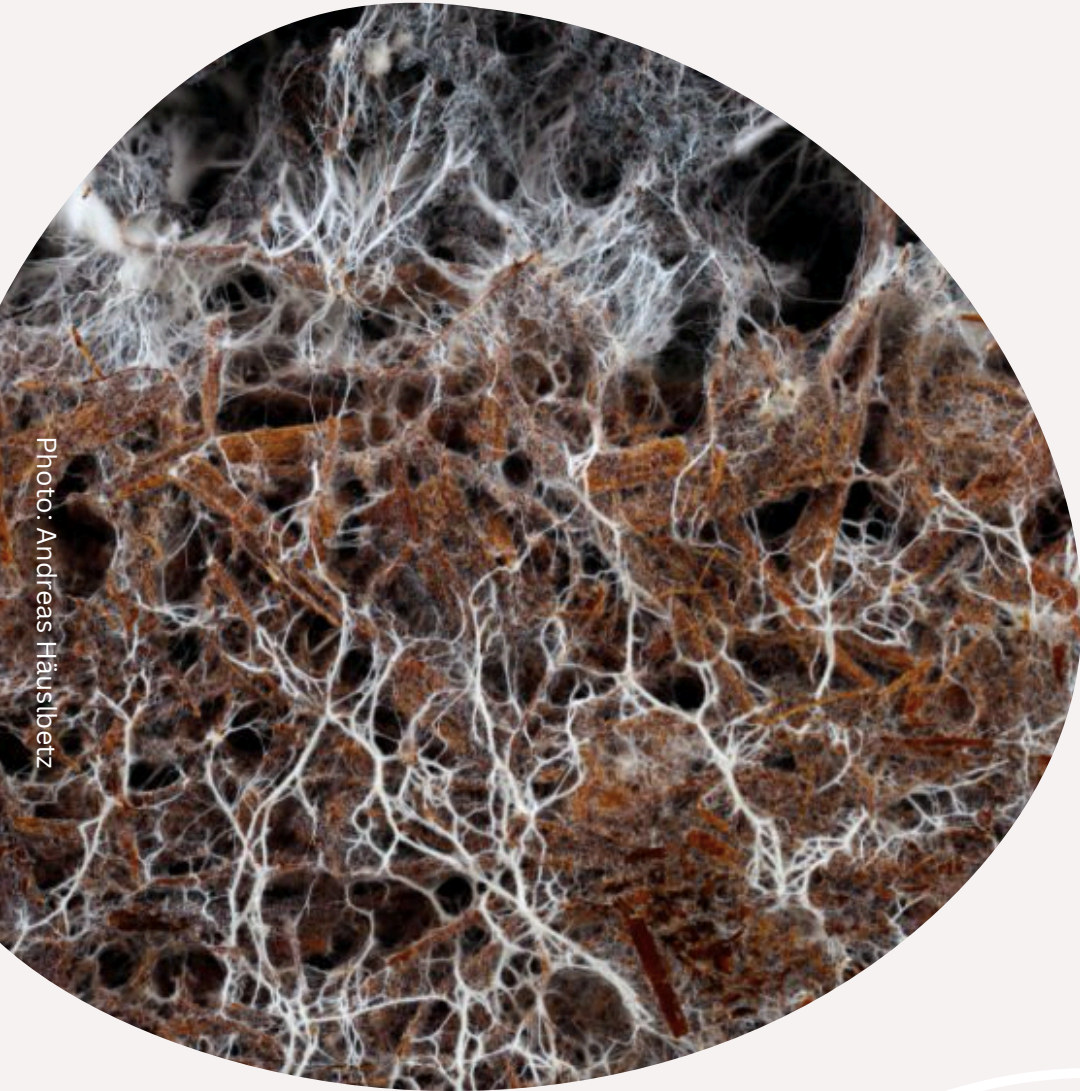
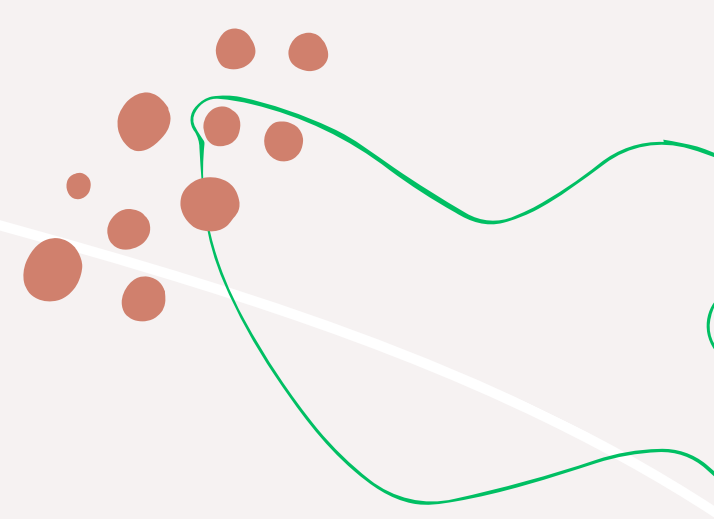


Photo: Andreas Häuslbetz

moving with mushrooms

29.09.2024

14:00-17:00



Open-level (no prior experience required)

Location: Steinhof, 1160 Wien

Freely chosen price (recommended 20-60€)

Registration: movingpoetries.com

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moving with mushrooms

About this session

(in)visible webs of scrumptious care - nutrients, information, support: Through sensing, smelling, touching, observing, listening, we intend to open ourselves to the world of mushrooms. What can we learn from fungi's characteristics of symbiosis, communication and (in)visibility? All along our moving and writing practices, we seek a respectful coexistence with the more-than-human world, and witness how these new, dynamic relationships based on curiosity, presence and care may echo in ourself and at the collective level.

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